### Residentially Based Services

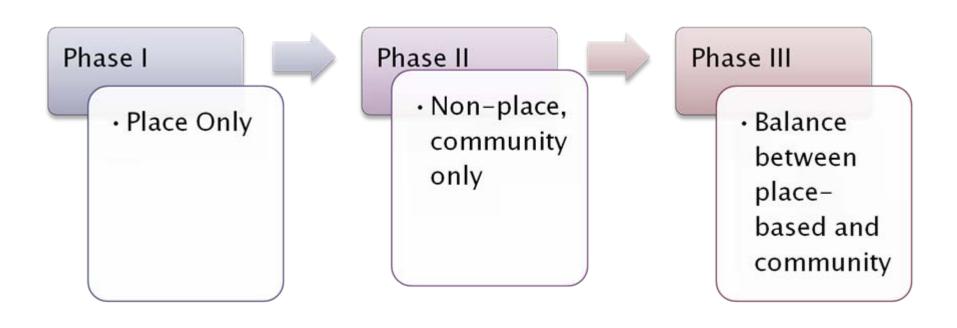
Implications for Providers

Patricia Miles March, 2008

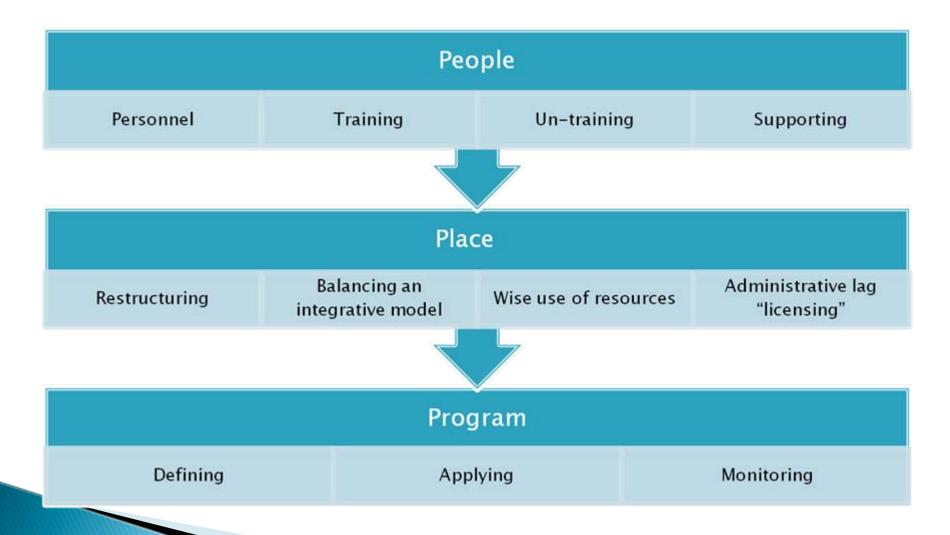
### Changing the Metaphor of Help

- From something you get to something you do
  - Service as an action verb
- Holistic & integrative approaches
  - Across a variety of organizational, life areas, disciplines
- Involvement/voice as an organizing feature
  - Not so much what you get but how much say you have over what you get
- Linking organizing with intervening
  - People to plan for delivery along with interveners

### Changing Metaphors



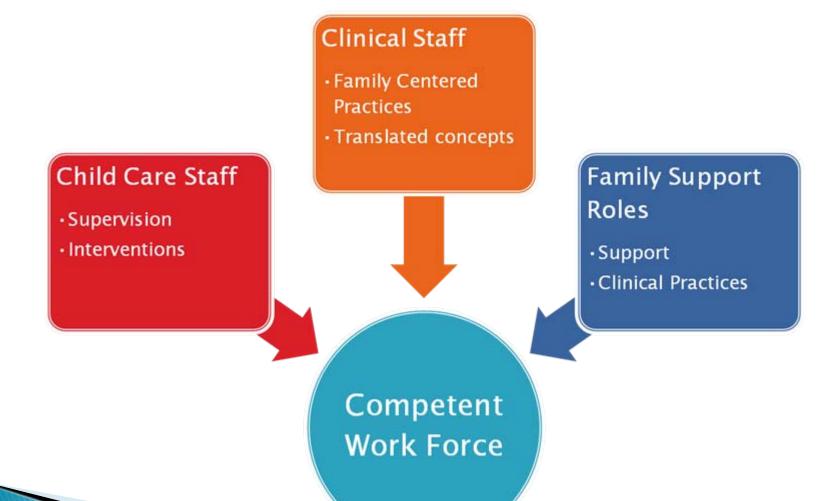
### Focus Areas in RBS Project



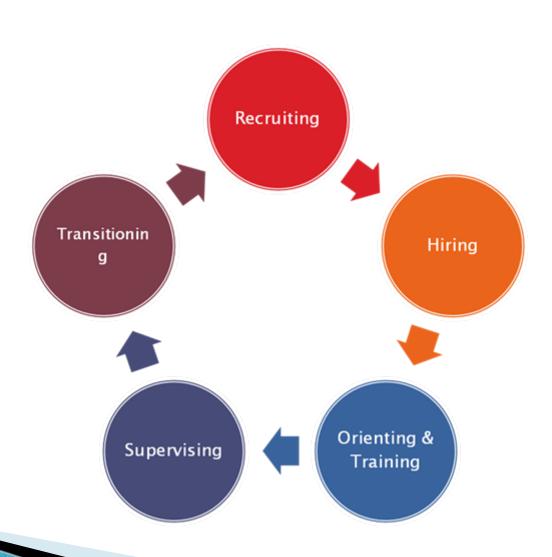
### People Considerations

Preparing the Workforce Individually and Organizationally

## Three Focus Areas for Residential Providers



### Work Force Development Cycle



#### Recruitment Considerations

#### Clinicians

- Recruiting for integrated therapeutic approach with therapy technique
- Recruiting those who can integrate "equally" with other roles
- Defining your specific model beyond the "credential" only

#### Child Care Staff

- Recruiting for foundational level career development
- Capturing a family centered & community based orientation in recruitment materials
- Do you recruit those with experience elsewhere as your model changes?
- Developing the next level career path

#### Family to Family roles

- Recruiting with an open door for all families
- Integrating records of recipients of service while recruiting for this role
  - Capturing the personal feeling with the job & skill expectations

### Hiring Considerations

- Building capacity to hire within the agency
  - A major challenge may sometimes be the facility licensing rules and the past history of parents/family members
    - Who you want to hire because of their past history
- Involving families including youth in hiring models
  - Parents screening potential employees
  - Creating youth voice & input during the hiring process
- Integrating practice model, values & big ideas into hiring questions
- Seeing Human Resource functions as a means towards communicating your vision

## Orientation & Training Considerations

- Communicating agency standards & expectations as part of training
  - Standard practice, usual practice & your agency practice
- Moving from a values based model to a skills based model
- Creating the right foundation for a skill set for all roles
  - Balancing generalist knowledge with unique specialist roles
- Moving from a training/compliance focus to creating a learning environment

## Managing & Supervision Considerations

- Does the supervisor know the behavior they are looking for?
- Can the supervisor teach it?
- Can you impact the behavior of supervisors?
- If you impact the behavior of supervisors, can they impact the behavior of employees?
- Will that employee practice in a way that fits with your stated values?
- If the employee practices in this way, will it result in improved outcomes for the right price while thrilling and delighting your customers?

#### **Transition Considerations**

- Moving on, Moving Out
  - Does advancement follow expertise?
  - Does advancement occur best when people move on?
- Multiple career ladders
  - Moving up in terms of management/supervision
  - Moving up in terms of expert practice

#### Final Considerations

- Differentiate between supervision & training
- Create industry wide standards of competence
- Invite end users/customers to comment on skill/competency
- Create multiple methods of advancement
  - Expert practitioner, management, supervision
- Incentivize continual learning
- Make long haul investments
- Create right size contingencies for the work force
- Publicize the role within the larger community to gain acceptance for the field

## Implementation Challenges at the Response Level

- Importance of Changing Staff Roles
  - Clinical Supervisors to Family Support Supervisors
  - Fill-in Shift Workers to In-home Crisis Respite Providers
  - Residential Shift Workers to Family Support Workers or Community Inclusion Specialists
  - Development Directors to Family Resource Expeditors
  - Cooks, Facility Specialists to Family Trainers on maintenance issues

### Place Considerations

Restructuring Your Capital

## Implementation Challenges What about the beds?

- Service Conversion: From Where to What
  - Residential Treatment Centers
    - Crisis Stabilization Units
    - Case Planning & Assessment Centers designed to assist with Child Welfare Planning
    - Family Centered Support Centers designed to provide training & support for families in building effective skills for supporting their children
    - Education, research & resource centers to assist with reengaging community supports for families
    - Re-entry models for families long separated
    - Transitional living labs for young people "in between"
  - Day Treatment/Partial Hospitalization Programs
    - Inclusion Specialists designed to support children in home schools
    - Technical Assistance & Training to schools about family centered practice
    - Crisis Stabilization Day programs of no more than two weeks in order to return students to regular classrooms
    - Follow along services for students & families post crisis
    - Training sites for personnel on building effective skills: Model Service Site

### Program Considerations

Restructuring Your Capital

### Unique issues with RBS

#### Pace

How quickly do you need to act? If you can stabilize in community until the bed becomes open why can't you simply stabilize?

#### Direction

• What is the purpose of the intervention? 24 hour stabilization or cure?

#### Intensity

Does the amount of what you're doing fit with the need? In other words do you need 24 hours of it, 18 hours, 12 hours, 6 hours?

#### Depth

"Good enough" outcomes and residential as a chapter rather than the book

#### Duration

• How to assure the right timed response? Building capacity to turn it on or off based on "right now" need?

#### Ecology

Does this facility, campus, setting create a sense of the therapeutic community?

#### Other considerations

#### Price

- Youth & Family
  - Youth loses connections
  - Parent loses confidence
  - Does the therapeutic benefit outweigh the human prices?
- Community price
  - Removing youth from community results price paid by community
- Generalization & Transfer of experience
  - Creating capacity for families to "own" their child's situation
  - Creating capacity for communities to create welcoming places

### Implementation Challenges

#### Clinical Backlash

- Increasing use of clinical interventions as a means of resisting change process
- The "we're already doing it" syndrome
- Market forces identifying children and families to fill existing slots
- Creation of additional "slots"
- Using categorical interventions as a means of increasing community capacity

### Implementation Challenges

- Administrative & Fiscal Lag
  - Build capacity at line staff level to understand expenditures
  - Develop contracts which support flexibility at direct service level
  - Identify opportunities for flexibility in existing contracts
  - Identify disincentives for family friendly practice
  - Develop revenue enhancement schemes which support perpetual novelty at practice level

#### Your Own Vision

- Is it flexible enough?
  - To stop funding what you've been doing
- Is it comprehensive enough?
  - Have you considered the need for change at all levels?
- What is your financing model?
  - Cost/Price
- What's your Provider Development model?
  - Who are you dealing with?
  - Trust based, authority based, coercion based?

### Your Own Theory of Change

- Have you created enough opportunity for conversation between funder & provider?
- Have you created enough opportunity for personnel to get it?
- Have you started with trust & understanding building so you know you are talking about same things?
- Are you prepared to change your own practice patterns?
- Are you aware of your management culture? Of others?

## Framing Questions for Direct Interventions

- Guarantees
  - What kind of guarantees do you need?
  - What can you give?
- Responsibilities
  - What type of responsibility can you share?
  - What type of risk?
- Information
  - Do you need?
  - Don't you need?

# What Do You Need to Do to Prepare?

- People
  - Create a concept for child care workers
    - · An evidence based or at least value based model for workers
  - Develop models around strengthening supervision
  - Tying practice to purpose

#### Place

- Define right size organizational environments including facility
- Define and redesign your host environment to associate with greater fit, more potency, etc.

#### Program

- Define key measures of excellence
  - Focus on what you're doing versus what you're not doing
- Create core practice patterns
  - Minimalist models
- Open your program loops for feedback and change