

## RBS Start

September 16, 2010

## Current RBS Census

25 youth:

16 in residence; 9 in community

# Sacramento County RBS Reform Program Overview

## RBS Services

RBS Services are tailored to the strengths and needs of each child enrolled in RBS and their family and include an array of services within the following program components:

- Family Engagement & Empowerment
- Comprehensive Care Coordination
- Intensive Short-Term Residential Stabilization & Treatment
- Parallel Community Interventions and Support
- Community-Based Aftercare

## RBS Funding Model

The two primary funding streams for RBS services and supports are AFDC-FC and EPSDT funding. The funding model consists of a residential rate (\$8,031) that will be paid to the provider for the length of time a youth is in the Residential Care component of RBS and a community care rate (\$4,594) that will be paid for the length of time the youth and family receive Community-Based Family Services.

Providers may claim up to \$2,667 per month for EPSDT eligible services per youth enrolled in the RBS Program.

Additional one time sources of funding:

- \$50,000 Sierra Health Foundation grant used in combination with County funds for the EPSDT match
- \$50,000 MHA funding used to provide training for RBS provider clinicians in Functional Family Therapy

## RBS Objective

Improve permanency outcomes for youth in group home care by enhancing the quality and scope of care and services and through the integration and coordination of the services and efforts of families, placing agencies, providers and other key stakeholders.

## RBS Partners

### County Agencies

- Sacramento County Department of Health and Human Services/ Child Protective Services & Mental Health Divisions
- Sacramento County Department of Probation

### Provider Agencies & Population Served

- The Children's Receiving Home of Sacramento  
RBS Population: 10 females supervised, by child welfare
- Martin's Achievement Place  
RBS Population: 6 males, history of sexually abuse behaviors, supervised by child welfare and probation
- Quality Group Homes  
RBS Population: 6 males, supervised by probation

## Target Population

- Youth ages 12-16 who are residing or at risk of residing in RCL 12-14 group home care
- Youth who have had no more than 1\* group home placement
- Youth who have a current connection to a family or non-related extended family member who is a viable permanency option
- Youth who have a family member that is willing to participate in the RBS Program
- Youth who are not currently receiving wraparound services

*\*exceptions to criteria will be considered*

## Enrollment Capacity & Length of Stay

The RBS Program will start with 22 slots for RBS enrollment. As youth transition to Community-Based Care, additional youth will be enrolled and placed in the residential component of the program. It is projected that 72 youth will be served through the demonstration period.

The RBS program model is based on an estimated 9 month average length of stay in the Residential Care component and an estimated 9 month average of services and support in the Community Based Care component of the program for a total of 18 months RBS enrollment. It is expected that actual length of stay will vary for individual youth.

